Join us on September 13th for Say Thanks Day.

Bring your family and friends to a great event that honors our troops. The nonprofit and nonpartisan Minnesotans’ Military Appreciation Fund (MMAF) is a statewide fundraising initiative that shows our troops how much we appreciate and respect their efforts by providing cash grants to all Minnesota service members who have served in combat zones since September 2001, and to the families of fallen service members.

MMAF has awarded $9.3 million in grants to more than 15,000 recipients since 2005.

Start/finish line at Base Camp. 10K / 5K Run will head east onto the Fort Snelling State Trail. Walkers go east and then southeast along the Fort Snelling athletic fields and golf course. Light rail travel encouraged or parking recommended at Fort Snelling Visitors Center.

We’re walking and running for our Minnesota heroes. Won’t you join us?

Say Thanks Day

BOY SCOUT
BASE CAMP
FORT SNELLING
SEPT. 13, 2014
WALK/RUN

MINNESOTANS’ MILITARY APPRECIATION FUND

New for 2014:
• Commemorative Wicking T-shirt
• CRW-Demos Parachute Jump
• New Race Routes
MMAF is proud to present its tenth annual Say Thanks Day at the Boy Scout Base Camp at Fort Snelling. This site is easily accessible from Highway 62/55. Runners can compete in a 5K or 10K run along the beautiful Fort Snelling State Trail. Walkers will walk 2 miles through Fort Snelling's historic landmarks. After the walk or run, watch the exciting tandem jumps into Base Camp by the CRW-Demos Parachute Team. Test your skills on the climbing walls, bounce in inflatables, enjoy the kids carnival and listen to great live music as we say “Thanks” to Minnesota’s troops and their families.

Say Thanks Day Agenda:
• 8:00 a.m. registration opens at Boy Scout Base Camp. All run / walk participants will receive a commemorative wicking t-shirt. Participants who register in advance (either online or by mail) are eligible for the drawings, which include Twins tickets, Gopher tickets, and our Grand Prize: Two Sun Country Airline Ticket Vouchers. In addition, the participant who brings in the most pledges will win a premier pair of tickets to a Twins game.
• 9:00 a.m. start for 10K; 9:05 a.m. start for 5K; 9:10 a.m. start for 2 mile Walk. Post-run/walk refreshments provided.
• 10:15 a.m. CRW-Demos Parachute jump into Base Camp. Say Thanks Day program: Presentation of MMAF grants and announcement of the race and prize drawing winners. Must register in advance to be eligible, and be present to win prizes.

• All morning. Music from the fabulous Emerson Avenue Band, a ropes course, climbing walls, inflatables, and a sense of patriotic pride and comradery.
• Marine RECON challenge. Think you have what it takes to run 3 miles in 18 minutes or less? That’s a Marine RECON requirement. If you can do it too, you’ll earn a limited edition t-shirt.

Please support MMAF and our troops by:
• Participating in Say Thanks Day. Register online or mail in the registration form below.
• Volunteering at Say Thanks Day. Call 1-877-668-4269.
• Donating via the website at www.MMAF.org

Pledges

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Pledge Amt.</th>
<th>Check</th>
<th>Cash</th>
</tr>
</thead>
</table>

Pledges obtained by: __________________________

Total Pledge Amount __________________________

All donations are 100% tax-deductible.

Please make checks payable to: Minnesota’s Military Appreciation Fund.

Registration form

Walk ______ 5K Run (includes RECON Challenge) ______ 10K Run

Check One

Registration Fee: $20 per person for Walk. $25 per person for 5K or 10K Run.
Runners attempting the Marine RECON Challenge should register for the 5K.
A separate time clock at mile 3 will be used. Walk / Run family maximum is $50.
FREE for military service members and their immediate families. FREE for children 12 and under. Everyone must register, even if free. One registration form per person, make copies if needed.

Please make checks payable to: Minnesota’s Military Appreciation Fund
All fees are non-refundable and non-exchangeable.

Mail-in registration deadline is September 5, 2014
Mail to: MMAF SayThanks Day, P.O. Box 2070, Minneapolis, MN 55402
Register in advance to be eligible for drawings.

On-line registration deadline is September 10, 2014
Go to: www.MMAF.org
Register in advance to be eligible for drawings.

Check-in at 8:00 AM – Walk and Run at 9:00 AM – Program, Parachute Jump and Drawings at 10:15 AM

WAIVER (must be signed by participant) I understand that participating in this event is potentially hazardous, and that I should not enter and participate unless I am medically able. In consideration of the acceptance of this entry, I assume full and complete responsibility for any injury or accident, which may occur while I am traveling to or from the event, during the event, or while I am on the premises of the event. I also am aware of and assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, effect of weather, traffic, and conditions of the road. I, for myself and my heirs and executors, hereby waive, release and forever discharge the event organizers, sponsors, promoters, and all other persons associated with the event, for all my liabilities, claims, actions, or damages that I may have against them in connection with my participating in this event.

Signature (by parent if participant is under 18)

____________________________